Quellen aus dem Buch *Raus aus der Fluoridfalle*

Erklärungen:

Raus aus der Fluoridfalle beruht nicht nur auf den Erfahrungen der Autorin als praktizierende Zahnärztin, sondern auch auf einer intensiven Auseinandersetzung mit wissenschaftlichen Forschungsergebnissen. Wenn Sie wissen möchten, welche Quellen die Autorin verwendet hat, finden Sie in diesem PDF-Dokument alle notwendigen Angaben. Sie sind kapitelweise angeordnet und bestehen jeweils aus 2 Listen.

Liste 1: Navigation

Dieses PDF-Dokument bietet Ihnen nun zuerst für jedes Kapitel eine grün gestaltete Liste, in der die hochgestellten Zahlen aus dem Buch *Raus aus der Fluoridfalle* mit einer Navigation verknüpft sind. Diese Navigation zeigt Ihnen den Weg zu den Quellen, die in numerischer Reihenfolge in Liste 2 aufgeführt sind.

Hier nun einige Beispiele zum Verständnis der Navigation.

Beispiel 1:

[1] ([16])

Die Autorin verwendete die Quelle, die in der Quellenliste, als 16. aufgeführt ist.

Beispiel 2:

[2] ([16], [17] aus [12])

Die Autorin benutzte Quelle 12 der Quellenliste. In Quelle 12 wurden die Publikationen, die Sie unter 16 und 17 in der Quellenliste finden, angegeben. Das Wort „aus“ zeigt also in diesem Fall an, aus welcher Quelle die Autorin schöpft. Wer nun genauere Informationen wünscht, der findet über den Hinweis auf die Quellen 16 und 17 zu den ursprünglicheren Referenzen.

Beispiel 3:

[3] (S. 21, [28])

„S.“ bedeutet „Seite“: Mit dieser Angabe können Sie gezielt auf eine Seite in einem Dokument zugreifen, um weitere Informationen zu erhalten. Im Beispiel handelt es sich um Seite 21 in der Quelle 28.

Beispiel 4:

[4] ([16], [17] aus [12]; [18] aus [19])

Das Semikolon trennt unterschiedliche Quellen voneinander ([16], [17] aus [12]; [18] aus [19]).

Liste 2: Quellen

Mithilfe der Navigation in Liste 1 finden Sie nun in Liste 2 die Quellen mit Informationen zu Autor/en, Titel, Journal/Buch, Jahr der Veröffentlichung, ggf. Band, ggf. Auflage, ggf. Ort und ggf. einen Link.

Hinweise zu Fachartikeln

Hier erhalten Sie Angaben zu Autor, Titel, ggf. den Namen der Fachzeitschrift, das Erscheinungsjahr, ggf. Band, ggf. Auflage und die Seitenangabe/n.

Wenn Sie sich intensiver mit den Quellen beschäftigen wollen, finden Sie zum Teil auch die PubMed-Nummer, die DOI und sogar Links.

PubMed-Nummer

Die Eingabe der **PubMed Nummer** unter:
https://www.ncbi.nlm.nih.gov/pubmed/
führt Sie rasch zu weiteren Angaben wie beispielsweise einer Zusammenfassung in Englisch.

Ein Beispiel zur PubMed-Nummer:
Gendron, R., D. Grenier, and L. Maheu-Robert, The oral cavity as a reservoir of bacterial pathogens for focal infections. Microbes Infect, 2000. 2(8): S. 897-906; PubMed Nummer: 10962273

Die DOI-Nummer

Die **DOI-**Nummer ermöglicht es, Inhalte, die in digitalen Netzwerken angeboten werden, schnell aufzufinden.

Ein Beispiel zur DOI-Nummer:
Chenicheri, S., et al., Insight into Oral Biofilm: Primary, Secondary and Residual Caries and Phyto-Challenged Solutions. Open Dent J, 2017. 11: S. 312-333; PubMed Nummer: 28839480; **DOI**: 10.2174/1874210601711010312

Links
Manche Artikel sind online frei verfügbar. Links, die zu diesen Artikeln führen, erkennen Sie auf einen Blick, da sie in Blau und unterstrichen dargestellt sind. Wenn Sie auf diesen Link klicken, werden Sie sofort weitergeleitet.

Ein Beispiel zu Links:
Lockhart, P.B. and D.T. Durack, Oral microflora as a cause of endocarditis and other distant site infections. Infect Dis Clin North Am, 1999. 13(4): S. 833-50, vi; PubMed Nummer: 10579111; abrufbar unter: https://www.ncbi.nlm.nih.gov/pubmed/10579111

Hinweise zu Suchdatenbanken
Natürlich können Sie auch über Suchmaschinen weitere Informationen finden. Die am häufigsten verwendete Suchmaschine ist Google. Suchmaschinen, die einen besseren Datenschutz haben und damit die Privatsphäre besser schützen, sind https://duckduckgo.com, https://www.qwant.com/?l=de, https://metager.de oder auch eine Suchmaschine, die sich für den Umweltschutz einsetzt: https://www.ecosia.org.

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Einführung

[1] ()
[2] ([1])
[3] ([2] aus [3])

1. Wikipedia, *Edward Bernays.* Wikipedia, 2019; abrufbar unter: https://de.wikipedia.org/wiki/Edward_Bernays#Fluoridierung_von_Trinkwasser (Stand: Okt. 2019)
2. Palmer, C. and S.H. Wolfe, *Position of the American Dietetic Association: the impact of fluoride on health.* J Am Diet Assoc, 2005. **105**(10): p. 1620-8; PubMed Nummer: 16183366; DOI: 10.1016/j.jada.2005.08.017
3. Simon, M.J., et al., *High fluoride and low calcium levels in drinking water is associated with low bone mass, reduced bone quality and fragility fractures in sheep.* Osteoporos Int, 2014. **25**(7): p. 1891-903; PubMed Nummer: 24777741; DOI: 10.1007/s00198-014-2707-4; abrufbar unter: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4048471/pdf/198_2014_Article_2707.pdf

[1] (S. 437, [1])
[2] (S. 168, [2])
[3] (S. 7, [2])
[4] (S. 40, [3])
[5] (S. 43, [3])
[6] (S. 43, [3])
[7] (S. 34, [3])
[8] (S. 169, [2])
[9] ([4], [2])
[10] ([5], [6], [7], [8], [9] aus [10])
[11] (S. 50, [10])
[12] (S. 55, [3])
[13] ([11])
[14] ([12])
[15] ([13])
[16] ([14]; ([15] aus [11]))
[17] ([16])
[18] ([17])
[19] ([18])
[20] ([19]; [20])
[21] ([21] aus [22])
[22] ([23] aus [18])
[23] ([24] aus [25])
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[29] ([35] aus [36])
[30] ([37] aus [36])
[31] ([38] aus [39]; [40], [41] aus [36])
[32] ([42] aus [11])
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[34] ([45] aus [46]; [47] aus [48])
[35] ([49] aus [50])
[36] ([49] aus [50])
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[40] ([62] aus S. 20, [44])
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[42] ([11]; [51], [52], [64] aus [53])
[43] ([65] aus [66]; [67], [65] aus [66])

[44] ([68], [69] aus [22]; ([49] aus [50])
[45] ([70], [71], [72], [73] aus [18])
[46] ([74] aus [68])
[47] ([75], [76], [77], [78] aus [79])
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[49] ([80] aus [22])
[50] ([81] aus [19])
[51] ([19])
[52] (S. 669, [82])). ([19])
[53] ([83])
[54] ([84])
[55] ([85])
[56] ([86] aus [87])
[57] ([87])
[58] ([88] aus [89])
[59] ([90], [91], [92] aus S. 35, [93])
[60] (S. 30, [90])
[61] (S. 101, [94])
[62] ([95], [96] aus S. 112, [10])
[63] ([97] aus [98])
[64] ([99] aus [98])
[65] ([99] aus [98])
[66] ([100] aus [101])
[67] (S. 112, [10])
[68] ([102], [103], [104], [105], [106] aus S. 103, [44])
[69] ([107], [108] aus [109]; [110] aus [111])
[70] ([112] aus [113])
[71] ([114], [115] aus [34])
[72] ([29], [30], [31], [32], [33] aus [34])
[73] ([116], [117], [118] aus [109])
[74] ([119] aus [109])
[75] ([120] aus [109]
[76] ([121] aus [109])
[77] ([122], [123], [124] aus S. 269 [125])
[78] ([126], [127] aus [13])
[79] ([128], [129], [130], [131], [132] aus S. 67, [10])
[80] ([133])
[81] ([134] aus S. 170, [44])
[82] ([135]; [136] aus [137])
[83] ([138] aus [50])
[84] ([139] aus [140])
[85] ([139])
[86] ([141], [142] aus S. 147f., [44])
[87] ([143] aus [85]; [137])
[88] ([144])
[89] ([145] aus [85])

[90] ([146], [147] aus [148])
[91] (S. 124, [149])
[92] ([150] aus [151])
[93] ([152] aus [50])
[94] ([153], [154] aus [50])
[95] ([151])
[96] ([155] aus [50])
[97] ([156] aus [50])
[98] ([157], [158], [159], [160] aus [151])
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[100] ([161] aus [148])
[101] ([162] aus [148])
[102] ([163], [164] aus [165])
[103] ([166] aus [25])
[104] ([167] aus [85])
[105] ([168] aus [169])
[106] ([170], [171], [172], [173] aus [169])
[107] ([174] aus [19])
[108] ([175] aus [85])
[109] ([176], [177], [178], [179]aus [85])
[110] ([180] aus [181])
[111] ([182])
[112] ([183])
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[114] (S. 93ff., [185] aus S. 259, [44])
[115] ([186] aus [85])
[116] ([19])
[117] ([187] aus [50])
[118] ([188], [189], [190] aus [191])
[119] (S. 147, [39])
[120] ([192] aus [50])
[121] ([193] aus S. 152, [44]; [137])
[122] ([194])
[123] ([195])
[124] ([196])
[125] ([197] aus [198])
[126] ([199] aus [200])
[127] ([201])
[128] ([202])
[129] ([182])
[130] ([203] aus [201])
[131] ([204])
[132] ([201])
[133] (S. 58, [205])

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[85] ([108] aus [43])
[86] ([109], [110] aus [43])
[87] ([106], [111] aus [43])
[88] ([112] aus [43])
[89] ([113] aus [43])

[90] ([114] aus [43])
[91] ([115] aus [43])
[92] ([116], [117], [118], [119], [112] aus [43])
[93] ([120])
[94] (S. 56, [121])
[95] (S. 58, [121])
[96] (S. 18, [32])
[97] (S. 25, [122])
[98] (S. 200f. [123])
[99] (S. 205 [123])
[100] (S. 56, [121])
[101] ([124], [125], [126], [127] aus [128])
[102] ([129], [130] aus S. 15, [131])
[103] (S. 203, 478, [123])
[104] (S. 34, [2])
[105] (S. 40f. [3])
[106] (S. 44f. [11])
[107] ([132] aus S. 109, [133])
[108] (S. 35, 58, 61, 64 [32])
[109] ([134] aus [31])
[110] ([135], [136], [30], [137], [138] aus [31])
[111] (S. 2061, [3])
[112] ([139, 140] aus [31])
[113] ([141], [142] aus [31])
[114] ([139] aus [31])
[115] (S. 57, [32])
[116] (S. 802, [3])
[117] (S. 61, [32])
[118] (S. 67, [121])
[119] ([143] aus S. 33, [2])
[120] (S. 68., [121])
[121] ([144] aus [31])
[122] (S. 413, [17])
[123] ([144], [145], [146] aus [31])
[124] (S. 65f., [121])
[125] ([147] aus S. 156, [2])
[126] (S. 89f., [104])
[127] (S. 86, [104])
[128] ([148], [149] aus [22])
[129] ([150], [151] aus [152])
[130] (S. 205 [123], S. 48f., [11])
[131] (S. 1428, [3]; S. 24, [153]; S. 74f., [32])
[132] (S. 2345, [3])
[133] (S. 50, [32])
[134] ([9], [154], [155] aus [31])

[135] (S. 276, 287, 289, 537 [12]; S. 41, 73, 76f. [156]; S. 6, [157]; [158], [159] aus [160]; S. 49, [161]; [162] aus [163])
[136] (S. 1365, [3])
[137] (S. 18, [32])
[138] (S. 1365, [3])
[139] (S. 57, [121])
[140] ([164], [165] aus [166])
[141] ([166])
[142] (S. 55, [121])
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Fluoride gefährden die Menschheit

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[2] ([2] aus [3])
[3] ([4], [5], [6] aus S. 170, [7])
[4] ([4] aus S. 170, [7])
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[8] ([14] aus [13]; [15], [16] aus S. 147, [7])
[9] ([15], [17] aus S. 147, [7])
[10] ([15], [16] aus S. 147f., [7])
[11] ([18], [19] aus S. 148, [7])
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[14] (S. 58f., [7])
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[65] ([88] aus [89])
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Formen der Fluoridvergiftung: Jeder ist betroffen

[1] (S. 19, [1])
[2] ([2] aus [3])
[3] ([4] aus [5])
[4] ([6])
[5] ([7] aus [8])
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[8] ([10] aus [11])
[9] ([12] aus [13])
[10] ([14] aus [15])
[11] ([16] aus [15])
[12] ([17] aus [15])
[13] ([18], [19] aus [15])
[14] ([20], [21], [22], [23], [24], [25], [26], [27], [28] aus [15])
[15] ([29], [30], [31], [32], [33], [34], [35], [36], [37] aus [15])
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[17] ([38], [39] aus [15])
[18] ([20], [29], [40], [41], [42] aus [15])

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Anhang

[1]

[2] ([1], [2] aus S. 82, [3]; [4])
[3] ([4])
[4] ([5], [6] aus [4])
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