

Quellen aus dem Buch *Richtige Zahnpflege*

Erklärungen:

Richtige Zahnpflege beruht nicht nur auf den Erfahrungen der Autorin als praktizierende Zahnärztin, sondern auch auf einer intensiven Auseinandersetzung mit wissenschaftlichen Forschungsergebnissen. Wenn Sie wissen möchten, welche Quellen die Autorin verwendet hat, finden Sie in diesem PDF-Dokument alle notwendigen Angaben. Sie sind kapitelweise angeordnet und bestehen jeweils aus 2 Listen.

Liste 1: Navigation

Dieses PDF-Dokument bietet Ihnen nun zuerst für jedes Kapitel eine grün gestaltete Liste, in der die hochgestellten Zahlen aus dem Buch *Richtige Zahnpflege* mit einer Navigation verknüpft sind. Diese Navigation zeigt Ihnen den Weg zu den Quellen, die in numerischer Reihenfolge in Liste 2 aufgeführt sind.

Hier nun einige Beispiele zum Verständnis der Navigation.

Beispiel 1:

¹ ([16])

Die Autorin verwendete die Quelle, die in der Quellenliste, als 16. aufgeführt ist.

Beispiel 2:

² ([16], [17] aus [12])

Die Autorin benutzte Quelle 12 der Quellenliste. In Quelle 12 wurden die Publikationen, die Sie unter 16 und 17 in der Quellenliste finden, angegeben. Das Wort „aus“ zeigt also in diesem Fall an, aus welcher Quelle die Autorin schöpft. Wer nun genauere Informationen wünscht, der findet über den Hinweis auf die Quellen 16 und 17 zu den ursprünglicheren Referenzen.

Beispiel 3:

³ (S. 21, [28])

„S.“ bedeutet „Seite“: Mit dieser Angabe können Sie gezielt auf eine Seite in einem Dokument zugreifen, um weitere Informationen zu erhalten. Im Beispiel handelt es sich um Seite 21 in der Quelle 28.

Beispiel 4:

⁴ ([16], [17] aus [12]; [18] aus [19])

Das Semikolon trennt unterschiedliche Quellen voneinander ([16], [17] aus [12]; [18] aus [19]).

Liste 2: Quellen

Mithilfe der Navigation in Liste 1 finden Sie nun in Liste 2 die Quellen mit Informationen zu Autor/en, Titel, Journal/Buch, Jahr der Veröffentlichung, ggf. Band, ggf. Auflage, ggf. Ort und ggf. einen Link.

Hinweise zu Fachartikeln

Hier erhalten Sie Angaben zu Autor, Titel, ggf. den Namen der Fachzeitschrift, das Erscheinungsjahr, ggf. Band, ggf. Auflage und die Seitenangabe/n.

Wenn Sie sich intensiver mit den Quellen beschäftigen wollen, finden Sie zum Teil auch die PubMed-Nummer, die DOI und sogar Links.

PubMed-Nummer

Die Eingabe der **PubMed Nummer** unter:

<https://www.ncbi.nlm.nih.gov/pubmed/>

führt Sie rasch zu weiteren Angaben wie beispielsweise einer Zusammenfassung in Englisch.

Ein Beispiel zur PubMed-Nummer:

Gendron, R., D. Grenier, and L. Maheu-Robert, The oral cavity as a reservoir of bacterial pathogens for focal infections. *Microbes Infect*, 2000. 2(8): S. 897-906; PubMed Nummer: **10962273**

Die DOI-Nummer

Die **DOI-Nummer** ermöglicht es, Inhalte, die in digitalen Netzwerken angeboten werden, schnell aufzufinden.

Ein Beispiel zur DOI-Nummer:

Chenicheri, S., et al., Insight into Oral Biofilm: Primary, Secondary and Residual Caries and Phyto-Challenged Solutions. *Open Dent J*, 2017. 11: S. 312-333; PubMed Nummer: 28839480; **DOI: 10.2174/1874210601711010312**

Links

Manche Artikel sind online frei verfügbar. Links, die zu diesen Artikeln führen, erkennen Sie auf einen Blick, da sie in Blau und unterstrichen dargestellt sind. Wenn Sie auf diesen Link klicken, werden Sie sofort weitergeleitet.

Ein Beispiel zu Links:

Lockhart, P.B. and D.T. Durack, Oral microflora as a cause of endocarditis and other distant site infections. Infect Dis Clin North Am, 1999. 13(4): S. 833-50, vi; PubMed Nummer: 10579111; abrufbar unter: <https://www.ncbi.nlm.nih.gov/pubmed/10579111>

Hinweise zu Suchdatenbanken

Natürlich können Sie auch über Suchmaschinen weitere Informationen finden. Die am häufigsten verwendete Suchmaschine ist Google. Suchmaschinen, die einen besseren Datenschutz haben und damit die Privatsphäre besser schützen, sind <https://duckduckgo.com>, <https://www.qwant.com/?l=de>, <https://metager.de> oder auch eine Suchmaschine, die sich für den Umweltschutz einsetzt: <https://www.ecosia.org>.

Die Quellen nach Kapiteln geordnet

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Einführung

¹ ([1])

1. Jordan, A.R. and W. Micheelis, eds. *Fünfte Deutsche Mundgesundheitsstudie (DMS V)*. IDZ-Materialienreihe, Bd. 35, ed. I.D.Z. Zahnärzte. 2016, Deutscher Zahnärzte Verlag DÄV: Köln. 617

Karies & Parodontitis – Ein globales Problem

¹ ([1], [2] aus [3])

² ([4], [5], [6] aus [7])

³ ([8], [9])

⁴ ([10], [11] aus [12])

⁵ ([13] aus [14])

⁶ ([15] aus [3])

⁷ ([16], [17] aus [12]; [18] aus [19])

⁸ ([19]; [20], [21] aus [14])

⁹ ([22])

¹⁰ ([23])

¹¹ ([24] aus [25])

¹² ([26] aus [27])

¹³ (S. 1662, [28], [29], [30] aus [31])

¹⁴ ([32])

¹⁵ ([33], [34] aus [3])

¹⁶ ([35] aus [3])

¹⁷ ([30] aus [31])

¹⁸ ([30] aus [31])

¹⁹ ([37] aus [38])

²⁰ ([39] aus [38])

²¹ ([39] aus [38])

²² ([40] aus [41])

²³ ([42] aus [41])

²⁴ ([43] aus [25])

²⁵ ([44] aus [41])
²⁶ ([41])
²⁷ ([45] aus [25])
²⁸ ([46], [4] aus [23])
²⁸ ([47], [48], [49], [50], [51] aus S. 67, [52])
³⁰ ([31])

1. Paster, B.J. and F.E. Dewhirst, *Molecular microbial diagnosis*. Periodontol 2000, 2009. **51**: S. 38-44; PubMed Nummer: 19878468; DOI: 10.1111/j.1600-0757.2009.00316.x; abrufbar unter: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3070264/pdf/nihms174333.pdf>
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3. Chenicheri, S., et al., *Insight into Oral Biofilm: Primary, Secondary and Residual Caries and Phyto-Challenged Solutions*. Open Dent J, 2017. **11**: S. 312-333; PubMed Nummer: 28839480; DOI: 10.2174/1874210601711010312; abrufbar unter: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5543615/pdf/TODENTJ-11-312.pdf>
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<https://www.sciencedirect.com/science/article/pii/S1286457900003919?via%3Dihub>
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[Hierbei steht: Der Bericht »Gesundheit in Deutschland« gibt in elf Kapiteln einen fundierten Überblick über den Stand und die Entwicklung der Gesundheit der Menschen in unserem Land im Jahr 2015
https://www.rki.de/DE/Content/Gesundheitsmonitoring/Gesundheitsberichterstattung/GesInDtld/gesundheit_in_deutschland_2015.html;jsessionid=6E29C58F43797396C2FA763437C3D65F.1_cid390?nn=2379316]
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Gut zu wissen: Grundlagen der Zahnpflege

¹ ([1] aus [2])

² ([3], [4], [5] aus [2])

³ ([6])

⁴ ([7] aus [8])

⁵ ([9] aus [10])

⁶ ([11])

⁷ ([12] aus [13])

⁸ ([14])

⁹ ([15], [16], [17], [18], [19], [20], [21], [22] aus [23]; [24])

¹⁰ ([25] aus [26]; [27] aus [6])

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Elementar wichtig: Die Zahnzwischenräume sauber halten

- ¹ (S. 207, [2])
- ² (S. 207, [2])
- ³ ([3] aus [4])
- ⁴ ([5] aus [4])
- ⁵ ([6] aus [7])
- ⁶ ([8] aus [7])
- ⁷ ([9])
- ⁸ ([10])
- ⁹ (S. 210, [2])
- ¹⁰ ([11], [12] aus S. 211, [2])
- ¹¹ ([13])
- ¹² ([14] aus S. 212 [2])
- ¹³ (S. 212 [2])
- ¹⁴ ([15] aus [4])
- ¹⁵ ([5] aus [4])
- ¹⁶ ([7])
- ¹⁷ (S. 206, [2])
- ¹⁸ (S. 208, [2])
- ¹⁹ (S. 208, [2])
- ²⁰ ([16] aus S. 208, [2])
- ²¹ (S. 208, [2])
- ²² (S. 208, [2])
- ²³ ([17])
- ²⁴ (S. 209, [2])
- ²⁵ (S. 209, [2])
- ²⁶ ([7]; S. 210, [2])
- ²⁷ (S. 77, [18])
- ²⁸ ([7])
- ²⁹ ([7])
- ³⁰ ([19])
- ³¹ ([19])
- ³² (S. 37, [18])
- ³³ ([20])
- ³⁴ ([21] aus [7])
- ³⁵ ([22])
- ³⁶ ([23])

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Zahnbürsten – Wichtige „Arbeitsgeräte“ in der Zahnpflege

- 1 ([1] aus [2])
- 2 ([3] aus [4])
- 3 ([5] aus [6])
- 4 ([7] aus [4])
- 5 ([8], [9] aus [4])
- 6 ([10] aus [4])
- 7 ([11] aus [4])
- 8 ([12] aus [6])
- 9 ([4])
- 10 ([13] aus [4])
- 11 ([14])
- 12 ([4])
- 13 ([3] aus [4])
- 14 ([1] aus [2])
- 15 ([15] aus [16])
- 16 ([2])
- 17 ([17])
- 18 ([18] aus [19])
- 19 ([2]; [20], [21], [22] aus [19])
- 20 ([23], [24] aus [19])
- 21 (S. 203, [25])
- 22 ([26], [27] aus [16])
- 23 ([28], [29] aus [25])
- 24 (S. 204, [25])
- 25 ([30] aus [31])
- 26 (S. 202, [25])
- 27 (S. 202, [25])
- 28 (S. 202, [25])
- 29 ([30] aus [31])
- 30 ([32] aus [16])
- 31 (S. 219, [25])
- 32 ([33] aus [31])
- 33 ([16])
- 34 ([33] aus [31])
- 35 ([34], [35] aus S. 216, [25])
- 36 ([34] aus S. 216, [25])
- 37 ([36] aus [37])
- 38 ([38] aus [16])
- 39 (S. 217, [25])
- 40 ([39], [40] aus [41])
- 41 (S. 216, [25])
- 42 (S. 216, [25])
- 43 ([37])
- 44 ([42] aus [31])
- 45 ([19])
- 46 ([43] aus [44])
- 47 ([45])
- 48 ([46] aus [37])

49 ([47] aus [31])
50 ([31])
51 ([48], [49] aus [25])
52 ([50] aus [17])
53 (S. 203, [25])
54 ([42] aus [31])
55 (S. 206, [25])
56 ([51] aus [52])
57 ([53] aus [16])
58 (S. 206, [25])
59 ([54] aus [31])
60 ([55-60])
61 (S. 216, [25])
62 (S. 212f., [25])
63 (S. 213, [25])
64 (S. 214, [25])
65 ([19])
66 ([19])
67 (S. 214, [25])
68 (S. 55, [61])
69 (S. 215, [25])
70 (S. 215, [25])
71 ([45] aus S. 214, [25])
72 (S. 214, [25])
73 (S. 215, [25])
74 (S. 34, [61])
75 ([62])
76 ([63] aus S. 217, [25])
77 ([64] aus S. 217, [25])
78 ([65])
79 (S. 218, [66])
80 (S. 218, [66]; [65])
81 ([67])
82 ([68])
83 (S. 96, [61])
84 (S. 105, [61])
85 (S. 106, [61])
86 ([69] aus [70])
87 (S. 119, [61])
88 (S. 122, [61])
89([71], [72] aus [73])
90 ([74], [75] aus [73])
91 ([67])
92 ([76], [77] aus [73])
93 ([74] aus [73])
94 ([78], [79] aus [73])
95 ([80], [81] aus [73])
96 ([82] aus [73])
97 ([78] aus [73])
98 ([74], [83] aus [73])

- 99 ([84] aus [73])
 100 ([85] aus [73])
 101 ([86], [87] aus [73])
 102 ([87], [88] aus [73])
 103 ([73])
 104 ([73])
 105 ([85], [89] aus [73])
 106 ([90] aus [31])
 107 ([91])
 108 ([27], [92] aus [93])
 109 ([94], [27], [92] aus [93])
 110 ([95], [96] aus [93])

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Zahnpasta – Was drin ist und wie es wirkt

- 1 ([1] aus [2])
- 2 ([3] aus [2])
- 3 ([2])
- 4 ([2])
- 5 (S. 292f. [4])
- 6 ([5] aus [6])
- 7 ([7] aus [8])
- 8 ([7])
- 9 ([9] aus [10]; [11], [12] aus S. 147, [13])
- 10 ([11], [12] aus S. 147f., [13])
- 11 ([14] aus [10]; [15])
- 12 ([16])
- 13 (S. 135, [17])
- 14 ([18] aus [19])
- 15 ([20], [21], [22], [23], [24] aus [10]); ([25], [26], [27], [28], [29] aus [30]; [26] S. 109f., [31])
- 16 ([32] aus [33])
- 17 ([34] aus [30])
- 18 ([35] aus [30])

- 19 (S. 175 ff. und 180 [36]; [32] aus S. 129, [13])
20 ([37] aus S. 172, [13]; [38] aus [15])
21 ([39] aus [40])
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24 ([51], [39], [52], [52] aus [40])
25 ([53] aus [15])
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53 (S. 220, [17])
54 (S. 220, [17])
55 (S. 220, [17])
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64 (S. 222 [17]; [104], [105], [106], [107], [108] aus [96]; [109] aus [91])
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149 ([252] aus [64])
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- ¹ ([1], [2], [3] aus [4])
- ² ([5], [6] aus [4])
- ³ ([7])
- ⁴ ([3] aus [7])
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- ⁷ ([13] aus [9])
- ⁸ ([14] aus [15]; [7])
- ⁹ ([16] aus [9])
- ¹⁰ ([17] aus [18])
- ¹¹ ([19], [20] aus [7])
- ¹² ([21], [22] aus [7])
- ¹³ (S. 616, ([9, 23])
- ¹⁴ (S. 12, [24])
- ¹⁵ (S. 118, [25])
- ¹⁶ (S. 17, [24])
- ¹⁷ ([26],[27] aus [28])
- ¹⁸ (3,4,8,18 aus [28])
- ¹⁹ ([28])
- ²⁰ (3,4,8,18 aus [28])
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- ²³ ([31], [35], [32], [36], [37] aus [28])
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- ²⁷ ([45] aus [28])
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- ²⁹ ([38] aus [28])
- ³⁰ ([29], [30], [40], [47], [48], [37] aus [28])
- ³¹ ([6] aus [7])
- ³² ([49] aus [7])
- ³³ ([19], [50], [51], [52], [53], [16] aus [7])
- ³⁴ ([54], [55], [56] aus [9])
- ³⁵ ([57] aus [9])

36 ([54], [55], [58], [59], [60], [61], [56] aus [9])
 37 ([62] aus [9])
 38 ([63], [1], [53], [64] aus [7])
 39 (S. 267, [65])
 40 ([66])
 41 ([67] aus [7])
 42 ([68] aus [7])
 43 ([69], [70] aus [18])
 44 ([71], [72], [73] aus [74])
 45 (S. 661, [75])
 46 (S. 249, [76])
 47 (S. 24f., [75])
 48 (S. 661, [75])
 49 (S. 468-470, [77])
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 55 ([83] aus [7])
 56 ([83] aus [7])
 57 ([52], [84] aus [7])
 58 ([85] aus [9])
 59 ([86] aus [87])
 60 ([88], [89] aus [87])
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